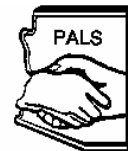




Parent Information Network



PARENT INFORMATION NETWORK TRAININGS AND WORKSHOPS

The following trainings and workshops are available to parents, school districts, charter schools, colleges, universities, service providers and agencies. These FREE sessions can be tailored to the timeframe and needs of the local community, parents, teachers, administration, college classes, high school classes, or service providers. Resources are provided to participants. Video led workshops include facilitator's outline and viewer's guides for those who wish to facilitate a session themselves. For additional information, contact the PIN Specialist for your county, listed on the attached workshop request form.

SPECIAL EDUCATION

Participation in the Special Education Process (Part 1 of 3) ■ *Currently unavailable, under revision - IDEA '04*

This training consists of an introduction to the referral and evaluation process, how a child is tested for a disability, how eligibility for special education services is determined, and the rights entitled to the parents or guardians.

Participation in the IEP Process (Part 2 of 3) ■ *Currently unavailable, under revision - IDEA '04*

This training provides an overview of the purpose of the IEP, who may participate in the IEP meeting, how to prepare for and participate in the IEP process, what to do when you disagree with the proposed program for the student, and how to track progress in the child's program.

Parents as Advocates for Students (Part 3 of 3)

This training includes information on student self-advocacy, parents as advocates, and aggressive vs. assertive communication. The training focuses on why it is important to learn appropriate advocacy skills, and how parents teach their children to advocate for themselves by being good role models.

How to Organize Your Student's Records

This workshop gives parents, educators, and service providers several formats for organizing their student's records into categories or by the date of the information. This is a hands-on workshop that should include student information brought by participants for organizing. This is a "make it and take it" workshop.

BEHAVIOR, SOCIAL SKILLS AND SELF-ESTEEM

How to Stop Bullying Before It Starts

This workshop addresses early warning signs of victimization and bullying, plus some of the effects bullying has on the school and home. Suggestions will be given for parents, teachers and administrators to help the victim and the bully. Participants will receive several reproducible handouts/overheads for school and home.

Learning Disabilities: How Difficult Can This Be? (Video 70 min.) (Part 1)

This is also known as the F.A.T. City Workshop (Frustration, Anxiety, and Tension). This video led workshop is helpful in providing an understanding of learning disabilities. Auditory processing and visual perception deficits are among the disabilities that are demonstrated. Intense and informative!

■ *NEW* Beyond F.A.T. City, A Look Back, A Look Ahead (Video 70 min.) (Part 2)

Lavoie's 70-minute discussion is filled with powerful insights and practical strategies on coaching and teaching, building self esteem, creating individualized education plans, imparting accountability, home schooling, parental responsibility and much more.

Learning Disabilities and Social Skills: Last One Picked – First One Picked On (Video 68 min.)

Adults working with students with learning disabilities are aware of the isolation and social rejection faced by many of these children. The video led workshop illustrates some of the social problems and offers practical solutions and skills that can be taught.

Learning Disabilities and Discipline: When the Chips Are Down (Video 62 min.)

This video led workshop focuses on the behavioral management of students with learning disabilities including practices that work and practices to be avoided.

Learning Disabilities and Self-Esteem: Look What You've Done! (Video 66 min.)

This video led workshop provides stories of hope and the resilience of children. It targets students with learning disabilities and the building or tearing down of children's self-esteem. The stories give viewers an excellent opportunity to relate their own experiences to those in the video.

Tips for Developing Organizational Skills

This training offers tips and strategies to help diminish frustration, anxiety and possible behavior problems by improving organizational skills in the classroom or at home. These tips are broken down into five different categories where organization can improve studying, learning, and memory skills through the use of routines, systems, and color. Good resource to use with groups of teens.

ADHD- What Do We Know? (Video 1 Hour)

This video describes what clinical scientists have discovered about ADHD. It covers the 5 primary problems connected with a person with ADHD to include: attention impairment, decreased ability to control behavior, hyperactivity, inability to follow directions, and inconsistent performance. Facts on symptoms, characteristics, and causes are discussed. A viewer's guide is provided.

ADHD – What Can We Do? (Video 1 Hour)

This video covers the basics of ADHD symptoms. It gives brief descriptions of treatment options that include: therapy, counseling, parent training, teacher education, and techniques for success. This video also provides descriptions of the different categories of medication options, their side effects, and management abilities. A viewer's guide is provided.

Social Skills

This workshop covers the social skills of children from toddler to high school. It discusses the differences of children with and without disabilities, and what role social skills play in their lives at school and at home. Strategies for parents and teachers are given to improve social skills, as well as how to recognize poor social skills early for intervention purposes. This is a good training for parents of children ages 2-18, paraprofessionals, and service providers.

COMMUNICATION

Building Positive Relationships

This training provides information on how to make team building a success by addressing stages of group development, roles of group members, barriers to having an effective team, and how to recognize an effective team. Participants will learn what their individual personality style is, and how they can contribute to the team; and why building positive relationships is necessary in special education.

How to Help Your Child Succeed in School; Strategies and Guidance for Parents of Children with ADHD and/or Learning Disabilities (Video 60 minutes)

In this video workshop, parents are introduced to strategies for improving reading, writing, math, organizational, and study skills to help their child achieve school success and reach their potential.

Parents Promoting Success in School and at Home

When individuals communicate with others, they communicate not just with words, but also with their body language. This training covers a variety of communication issues between parents and school; and also includes parent involvement and viewpoints from both teachers and parents.

TRANSITION

Early Childhood Transition

This workshop covers "Making Smooth Transitions from Early Intervention to Preschool Special Education Services." Participants will learn the differences between Child Find, the Arizona Early Intervention Program, Preschool Special Education and Special Education. Parents and professionals will learn strategies for making a smooth transition between early intervention and preschool services. This is a good training for parents of young children, paraprofessionals, and service providers.

Full Life Ahead Arizona! A Guide to Adult Life for Students and Families of Students with Disabilities

This workshop is tailored to the transition needs of youth with disabilities. Students, families, and educators will learn strategies to address transition topics including; education, independent living skills, employment, decision making, and legal rights and responsibilities.

US Military and Civilian Workers: Another Transition Option for Students with Disabilities

This training covers issues on Recruit Officer Training Corps (ROTC) programs in Arizona's state universities; military academies; the Armed Services Vocational Aptitude Battery (ASVAB); dispelling common myths; civilians with disabilities working for the military; and the differences between active duty, reserves and national guards. It is not a session for recruitment.

Student Participation in the IEP

This training teaches students how to advocate for themselves, how to prepare for the IEP, how to participate in the IEP meeting as a team member, how to recognize their own learning style and educational needs, and how to prepare for transition needs. This training can be used with students or for staff wanting to implement these strategies in the classroom. Helpful worksheets and ideas (including questionnaires for the student, parent, and teacher) are incorporated into this training to use individually or with a group of students.

Transitions to Post Secondary Learning (Video 45 Min.)

This video led workshop focuses on eight college students with LD and/or ADD/ADHD who discuss their transition from high school to post secondary environments.

The contents of this publication were developed by the Parent Information Network and revised in July 2005 by Tina Swearingen under contract #ED05-0053-02 with funds allocated by the U.S. Department of Education under IDEA '97. These contents do not necessarily represent the policy of the agency, nor should endorsement by the federal government be assumed. The Arizona Department of Education of the State of Arizona does not discriminate on the basis of race, religion, color, national origin, sex, disability or age in its programs, activities or in its hiring and employment practices. The following person has been designated to handle inquiries regarding the non-discrimination policies: Debra K. Jackson, Deputy Associate Superintendent of Administrative Services, 1535 W. Jefferson, Phoenix, AZ 85007 (602) 542-3186. This document is in the public domain and may be freely reproduced in its current format. For more information, call the Parent Information Network at (602) 542-3852 or 800-352-4558. GR01

Parent Information Network

Training and Workshop Request Form

1. Requestor's Name: _____ Title: _____

Phone: _____ E-mail or Mailing Address: _____

2. Topic(s): (refer to the PINS Trainings and Workshops List) _____

3. Why do you feel this training is needed? _____

4. Expected outcomes of training: _____

5. Number of Participants (circle one) 5-15 16-25 26-35 36-45 46-60 61-99 100+

6. Name of District, School, or Agency: _____

Address: _____

7. Preferred Date(s): 1st choice _____, 2nd choice _____

Preferred Time(s): 1st choice _____, 2nd choice _____

8. Suggested Location of Training (should be wheelchair accessible) _____

____ Yes, I will participate in a follow up survey, providing feedback on results of this training.

____ If no, please explain: _____

Please mail, e-mail or fax this request to the PIN Specialist for your county

Apache, Navajo

Jana Bays
1480 W. Huning Circle
Show Low, AZ 85901
Phone: 928-537-0250
Fax: 928-532-8805
jbays@frontiernet.net

Cochise, Graham, & Greenlee

Parent Information Network
Phone: 602-542-3852
Toll Free: 800-352-4558
Fax: 602-542-5404

Coconino, Mohave, & Yavapai

Allison Meritt
711 N. Hicks
Winslow, AZ 86047
Phone: 928-289-5834
Fax: 928-289-5834
merittpin@cableone.net

La Paz, Yuma

Teri Rademacher
2153 E. 25th St.
Yuma, AZ 85365-3232
Phone: 928-344-0141
Fax: 928-344-1373
trademacher@adelphia.net

Gila & Pinal

Tina Swearingen
1285 Avenida Grande
Casa Grande, AZ 85222
Phone: 520-836-3023
Fax: 520-836-0428
tswearingen@gmail.com

East Maricopa (480 area code)

Barbra Ross
8519 E Valley Vista Dr.
Scottsdale, AZ 85250
Phone: 480-607-3030
Fax: 480-443-0351
barbraross@qwest.net

West Maricopa (623 / 602 area codes)

Sharon Moeller
2276 W. 17th Ave.
Apache Junction, AZ 85220
Phone: 480-288-1245
Fax: 480-474-2243
Sharonstime3@aol.com

Pima, Santa Cruz

Kristie Melkers
7941 N. Portofino Cr.
Tucson, AZ 85742
Phone: 520-225-7377
Fax: 520-219-9512
k_melkers@comcast.net